Amargosa Valley Newsletter

"All the news that's fit to print (maybe)"

Published monthly by Town of Amargosa Valley, Nevada

March 2009

SAND DUNES CLEAN-UP

This year the clean-up will be held on Saturday, April 4, 2009 beginning at 8:00 A.M. The clean-up will begin at the entrance to the Sand Dunes off of Valley View (look for the big dumpster) This project was started by 6 years ago by Aaron Lynn who got together with some friends and went to work to make a difference. Wow what a difference this project makes. By the time they finish their day enough trash will have been removed from the area to fill a roll-off dumpster to overflow capacity (we won't really let it overflow). Now that we are aware of the clean-up it's time for us to do our part and volunteer to help also. The Sand Dunes cover a lot of area so lots of help is needed to make sure the entire area has been cleared of trash and debris. If you are interested in helping with the clean-up please contact Aaron Lynn at 372-1653. If you have a 4-wheel drive, 4-wheeler or just want to donate your time please let Aaron know. Last year through donations from the local businesses we were able to provide lunch for the volunteers and we will be attempting to do the same this year. If you cannot help at the Sand Dunes but would like to contribute in some other way, please call Aaron to see what you can do to help. If you would like to help provide lunch please contact Shelly at 372-5459. Last year we served 50 people. Let's keep that number climbing.

KUDOS TO ...

Aaron Lynn for starting this project and for keeping it alive over the past 6 years. Our hats go off to you!

KUDOS TO ...

Pahrump Valley Disposal for donating, delivering and removing the roll-off dumpster. Our hats go off to all of you!

KUDOS TO ...

All the volunteers that help to make this project such a big success! One last time: Hats off to all you!

AMARGOSA VALLEY SENIOR CENTER

As a reminder, if the people of Amargosa want a new Senior Center we need to get our head count up, so please come on in and enjoy one of our home cooked meals with salad bar and a desert. You can't even cook at home for \$2.00 for seniors or \$5.00 for ages 13 to 60 and children 12 and under eat for \$3.00. Seniors 60+ ask about our punch cards, every time you come in to eat we will punch your card and after you get 10 punches you get a free meal. And to top it off we do all the clean up. If you need a ride please call one of the following:

5614 Aj Griffin----VFW or Stateline 1343 Jean Adams---- Cottonwood 5465 Kenna Vallance----Farm Road 5713 Katie Hansen---- VFW or Stateline 5138 Prudy Stengel---- Diablo and Farm Road

The Senior Center will be having Tuesday night cribbage at 5:30. If you have a cribbage board please bring it along, for I only have two board's at the Senior Center.

And last but not least; The Senior Center needs yard working tools. Lots of work is being done outside to clean-up the site but we have a very limited selection of tools. Spare rakes, shovels, etc would be deeply appreciated. If you have spare yard tools you would like to donate please give Tammy a call 372-5413.

GIRLS' NIGHT OUT

Join the girls at the Senior Center on the 4th Wednesday of the month at 5:30 P.M. for pool. This will be a "Turkey Shoot" with a \$6 buy in, \$1 to go to the Senior Center. It's a lot of fun and a good way to improve your game. Come and enjoy one of Fred's great meals and stay for pool. Remember the Senior Center is a non-smoking facility.

"AMARGOSA DAYS" MAY 15TH, 16TH, AND 17TH, 2009

SMOKE DETECTORS CAN SAVE LIVES, WILL YOURS?

BY: Amargosa Volunteer Fire Department

The United States Fire Administration (USFA) has published many studies and found that **80%** of fire deaths occur in residences. Senior citizens and children under the age of 5 have the greatest risk of fire death (double or more compared to the average population). A working smoke detector dramatically increases a person's chance of surviving a fire. *The Rural Fire Problem* (published by USFA) stated "The lack of working smoke detectors in manufactured housing is a significant problem. Seventy-five percent of the rural manufactured homes that experienced fires did not have an operating smoke detector."

Power source

There are 3 power sources for residential smoke detectors: 1) battery powered - This is the type that can be purchased at hardware stores; 2) hard-wired electric with battery backup - The battery takes over when the electric power is off; 3) hard-wired electric only - These are found in many manufactured homes and can be identified by a label warning that the unit will not work if the electricity is off. This loss can be from the rare Valley Electric Assn. outage or if the fire disrupts power to the unit. If you have an "electric only" unit, consider having a qualified electrician replace the detectors with ones that have a battery backup. A less expensive option would be to supplement your hard-wired electric only system with battery powered detector(s).

Types of detectors

There are 2 types of smoke detectors in general use for residential alarms; they sense the presence of smoke differently depending on the type of fire. Ionization type responds faster to the ionized chemical molecules in smoke from combustion of a flaming fire. Photoelectric type responds faster to the dense smoke particles produced by a smoldering (lot of smoke little flame) fire. The USFA and National Fire Protection Association (NFPA) recommend that every residence be equipped either with both ionization and photoelectric smoke alarms or dual sensor smoke alarms. The dual sensor alarm has both types of detectors in one unit.

Purchasing a smoke detector

Be sure the smoke alarm has a label of a recognized testing laboratory (such as Underwriters

Laboratory). The dual sensor alarm costs a few dollars more than a single sensor type but is cheaper than buying 2 alarms. Since nobody can predict the type of fire you might have, a dual sensor unit will provide the best protection (fastest alarming). If you have special needs you can get a specialized unit, for example: alarms with both sound and strobe lights for people that are hearing impaired or a unit with a recordable voice announcement in addition to the alarm sound that may be helpful in waking children with a familiar voice.

<u>Maintenance</u>

Test alarms at least monthly by pushing the test button, the alarm will sound. We all have heard the slogan "Change the battery in your smoke detector when you change the clock" [between standard and daylight savings time]. This reminder will make sure that the battery is replaced at least once a year in the battery powered or hard-wired electric with battery backup alarms. If an alarm "chirps", warning the battery is low, replace the battery immediately. <u>Never</u> "borrow" a battery from your smoke alarm or disconnect the unit. Installation

NFPA recommends installing smoke alarms on every level of your home, including basements, making sure that there is an alarm outside every sleeping area. New homes are required to have an alarm in every bedroom. Ceiling mounted alarms should be installed at least 4 inches from the nearest wall; wall mounted alarms should be installed 4 to 12 inches from the ceiling. If you have pitched ceilings install the alarm near the highest point. Don't install alarms near windows, outside doors or heating ducts where drafts might interfere with their operation. Remember that cooking fumes and steam from your shower can create nuisance alarms, so you need to consider this when deciding where to install your alarms. Never paint smoke alarms, put stickers or other decorations on them which could keep the alarm from working.

<u>Conclusion</u>

NFPA estimates that 890 lives could be saved each year if all homes had working smoke alarms. If you do not have smoke alarms in your home, buy and install them. When you change your clocks on Sunday March 8, 2009 would be an excellent time to replace the batteries in your smoke alarms.

The life you save might be your own or a loved one.

FROM THIS CORNER OF THE WORLD

By: Jan Cameron

I have never had a puppy. So, being my normal reticent self, I just adopted three. Yeah, three. I was actually going for two, but Robert suggested three, so it's all his fault. They are lab and either Sheppard or English something-or-other mix. And they are soooooooo cute. At eight weeks old they are into everything, chewing everything and loving everything. Our oldest dog, Munch (a 17-18 year old lab/chow mix) immediately adopted them. She is mother, grandmother and chief training officer.

Our slightly younger (14 year old) lab, Sydney, is scared to death of them. She is remembering 4being attacked by a one year old who decided that She, rather than Svd, was the Alpha dog, But slowly Syd is checking them out. Mr. Misty was also very frightened by the other lab, so he is being circumspect as well. But he immediately sensed a difference and has been hanging around watching. I expect him to introduce himself to them before long. The other two outdoor cats are staving in the storage trailer and watching to see what happens. It would, of course, be easier for them all if there were only two, or one. But what fun is that? And three seems to be a good number. As I told Robert, two of them can wrestle or play take-away and the other can rest or explore. That way, they don't get on each others' nerves.

Ginger is tan with a light sprinkling of black hairs through her coat. She is the most active and wants to be the alpha-pup. Nobody else seems to mind that. Molly is black, with longer hair and a large white bib and front socks with spots on them. She is a sweetie who wants to keep both of her siblings, and Munch, happy. Velvet is deep chocolate brown. She is the most thoughtful and laidback – a lot like Munch.

I love watching them explore and learn and test and play. Babies seem to be important for reminding us to do those things. And to smell the roses, or eat the iris bulb, whichever turns you on. Plant your gardens, pet your animals, hug your friends and tell someone you love them. Have a great March.

> 15 SHEEP FOR SALE \$500.00 FOR ALL \$60.00 EACH 775-764-8367 – Karen Ruffner 775-764-8364 – Jim Ruffner

POT LUCK, GOODS AND SERVICES AUCTION

By; Pat Minshall

The "Senior Centers Annual Pot Luck & Services Auction" will be held at the community center at 5:00 P.M. on March 14th. Bring your favorite dish to share, and if you have items to donate for the auction bring them too. This is a lot of fun and we have a lot of great things to choose from. Some of the services include: model airplane flying lesson, cross stitch wedding or birth announcement, pool lessons, 1 mo. Free bug treatment, plant sitter, sewing machine cleaning and adjustment, 1hr. consultation and/or computer repair, oil change, hair cut, 2 24" boxet pine trees to name a few. Mark your calendars for this great event.

SCOTTY'S CASTLE ORGAN CONCERT June 19th and 20th, 2009

Once again "Scotty's Castle" is opening their doors for an organ concert. Several people have attended this from Amargosa in the past 2 years and have all raved about it. Tickets are \$30 and seating is very limited they can only seat 40 guests. If interested call 800-478-8564 ext.10 or 760-786-2146 ext. 10. Reservations go quickly. As many of you know this is one of the largest (if not the largest) pipe organs left in the world. Renowned organist Jonas Nordwall will be performing.

FRIDAY NIGHT POOL

By: Pat Minshall

Every Friday night we have "open pool play" @ the Senior Center. Play starts @ 5:30P.M. Come and have one of Fred's fantastic meals stay and play pool with a great group of people (you must be 18 to play). There is a \$6 buy in with \$1 going to the Senior Center. Remember the center is a nonsmoking facility.

ARTS AND CRAFTS

By: Pat Minshall

Wednesday from 1:00 P.M. to 4:00 P.M. it's arts and crafts @ the Senior Center. You need not be a senior to join this group. Come and work on your own project or learn a new one from others there. There is painting, beading, knitting, crocheting, card making etc. Meet other people and have fun.

AREA PLAN MEETING 03/11/2009 6:00 P.M.

Amargosa Senior Center Nye County Senior Nutrition Program

> FOR IMMEDIATE RELEASE Contact: Paula King Program Director Amargosa Senior Center, Nye County Senior Nutrition Program 775-482-7300 pking@co.nye.nv.us

Amargosa Senior Center Awarded Grant from Meals On Wheels Association of America and Wal-Mart Foundation to Cure Senior Hunger

Grant given at a time when program is struggling to feed Amargosa Valley's seniors.

February 3, 2009, Amargosa Valley, NV – Amargosa Senior Center has been awarded a \$7,000 grant from Meals On Wheels Association of America (MOWAA) and the Wal-Mart Foundation to support our local program in doing what we do best - feed seniors.

This past year, many Meals On Wheels programs were forced to change or reduce their services, because of severe operating constraints brought on by rising food and gas prices and the current economic crisis. The "MOWAA/Wal-Mart Foundation Cure Grant" is intended to alleviate these burdens for the Amargosa Senior Center and help us restore our nutrition services to better serve our seniors in Amargosa Valley.

"With the MOWAA/Wal-Mart Foundation Cure Grant, we will be able re-instate our homebound delivery to 5 days per week to the clients in need and make a tremendous impact in our community," said Program Director, Paula King, of the Nye County Senior Nutrition Program.

According to a groundbreaking national research study entitled "The Causes, Consequences and Future of Senior Hunger in America," which was commissioned by the MOWAA Foundation, 1 in 9 seniors in America is at risk of hunger. The fact that 11.4 percent of seniors in the country are at risk of hunger and the fact that the population is aging at an unprecedented rate put a significant strain on community-based Meals On Wheels programs' ability to provide meals for those in need. The "MOWAA/Wal-Mart Foundation Cure Grant Program" is intended to increase the number of individuals served and reverse the forced reduction in meal services seen at Meals On Wheels programs throughout the nation.

"Unlike cancer or AIDS, we have the cure to end senior hunger in America today," said Enid Borden, President and CEO of MOWAA. "We can't thank the Wal-Mart Foundation enough for supporting us in our mission and remembering the seniors we serve during this desperate time."

Nye County Senior Nutrition Program Amargosa Senior Center

The Meals On Wheels Association of America (MOWAA) is the oldest and largest national organization in the United States representing those programs that provide meals to people in need. To obtain more information about MOWAA or to locate a local Meals On Wheels program, visit the MOWAA website at <u>www.mowaa.org</u>.

Wal-Mart Stores, Inc. (NYSE: WMT) and the Wal-Mart Foundation are proud to support the charitable causes that are important to customers and associates in their own neighborhoods. Through its philanthropic programs and partnerships, the Wal-Mart Foundation supports initiatives focused on enhancing opportunities in education, job skills training, sustainability and health and wellness. In 2007, Wal-Mart, Sam's Chub and the Wal-Mart Foundation gave \$296 million to communities across the United States. To learn more, visit <u>www.walmartfoundation.org</u>.

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FEBRUARY 28, 2009 AT THE SCHOOL 9AM TO 1:00 PM

YARD SALE CAR WASH TAMALES/BURRITOS BAKED GOODS

DISHES, TABLES, CLOTHES AND





Donations are accepted and are tax deductible.

Guest Speaker:

Rick Jackson

Rick was pastor of Amargosa Christian Fellowship for 9 yrs; then spent 5 ys as a missionary in Belize, Nepal and Peru. He is Currently Pastor of the Calvery Chapel Church in Misquite, NV.

For information call Mike 372-1324 or Richard 775-537-7796

MENU FOR AMARGOSA SENIOR CENTER 775-372-5413

	MONTH OF:	Mar-09				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
-	MAR. 2	MAR. 3	MAR. 4	MAR. 5	MAR. 6	
	Red beans & rice	Ghicken tetrazzini	Cheeseburger meat	Roast turkey	Seasoned tilapia	Ì
	Beets in orange sauce	Zucchini	loaves	Stuffing	Rice pilaf	
	Layered salad	WW Dinner roll	Roasted green beans	Mashed potatoes	Brussel sprouts	CLOSED
CLOSED	100% WW Bread	Veggie soup	and onions	Gravy	Gazpacho soup	
	Apple butter	Cup cakes	Pears and cottage	Salad bar	WW Rolls	
	Fruit cocktail		<u>cheese</u>		Strawberries and	
					ice cream	
CLOSED	MAR. 9	MAR. 10	MAR. 11	MAR. 12	MAR. 13	
	Dixieland shortcake	Beef stroganoff	Chicken and vegetable	Country cabbage rolls	Baked Ziti with four	l I
	Blackeye peas	Broccoli	stir fry	Baby carrots	cheeses	ł
	Garden salad	Layered salad	Egg rolls	WW Dinner rolls	Garlic bread	CLOSED
	FF Creamy ital. drsg	Sugar cookie	egg drop soup	Salad bar	Zucchini	
	Banana (98)		Salad bar	Baked rice pudding	Salad bar	l l
			Jell-o with fruit		Brownies	
	Prize drawing at 4:30 pm					
CLOSED	MAR. 16	MAR. 17	MAR. 18	MAR. 19	MAR. 20	
	<u>Turkey enchiladas</u>	Corned beef	Spinach lasagna	Honey mustard chicken	Swiss steak	
	<u>corn</u>	and cabbage	Garlic bread	Baked beans	Baked potato with	CLOSED
	Salsa and sour cream	Red potatoes	Apricots	Mixed veggies	shredded colby & jack	
	Salad bar	and carrots	Salad bar	Potato salad	FF Sour cream & chives	
	Apricots	Dinner rolls		Jell-o with fruit	Herbed vegt. Medley	
		Green jell-o w/mixed fruit			100% wheat bread	
			Birthday day		Peach butter, Apple (44)	
CLOSED	MAR. 23	MAR. 24	MAR. 25	MAR.26	MAR. 27	
	Salmon	Stuffed pork tenderloin		Beef stir fry	Shake-n-bake chicken	1
	Broccoli	<u>Spinach</u>	Garden chili	Steamed white rice	oven fries	
	Rice	<u>Salad bar</u>	Cheesy toast	Beet salad	Broccoli	CLOSED
	Potato chowder	<u>Mocha cappuccino</u>	Salad bar	100% wheat bread	Cole slaw	
	Salad bar	<u>ice cream pie</u>	Apple crisp	LS Margarine	Chocolate chip cookie	
	Brownie			Mandarin oranges		
CLOSED	MAR. 30	MAR. 31				
	Baked liver & onions	Vegetarian spaghetti				
	Mexicorn	Green beans		Market Alla		
	Tomatoes vinaigrette	Cheesy garlic bread				CLOSED
	Mashed potatoes	Jell-o with fruit	2% MILK SERVED		MEALS SERVED FROM	
	WW Bread, Apple butter	Salad bar	MENU SUBJECT TO		4:00 TO 5:30 P.M.	
	Sliced peaches	Oatmeal cookie	CHANGE			
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Newsletter HCR 69 Box 401-W Amargosa Valley, NV 89020

ECRWSS LOCAL PATRON

DATES TO REMEMBER

*****CAR WASH, BAKE SALE, & YARD SALE 02-28-09*****

<u>"MARCH 2009"</u> DAYLIGHT SAVINGS TIME BEGINS 03-08-09 AREA PLAN MEETING 03-11-09 PLANNING COMMITTEE 03-12-09 POTLUCK, GOODS AND SERVICE AUCTION 03-14-09 V.E.A. DISTRICT MEETING 03-18-09 TOWN ADVISORY BOARD 03-26-09 BUSINESS MEN'S FELLOWSHIP BREAKFAST 03-28-09

SAND DUNES CLEAN-UP 04-04-2009

